

Spring 2026

# Patient Participation Group Newsletter



Welcome to this edition of our Patient Participation Group (PPG) Newsletter! We are excited to keep you informed about the latest updates and initiatives at our GP surgery. The PPG plays a vital role in helping us improve patient care and foster strong communication between our practice and the community. In this newsletter, you will find useful health information & important announcements. We are grateful for your continued support and look forward to working together to enhance the care we provide to all our patients.

## Requesting a GP Appointment

At the request of our Patient Participation Group, we would like to remind patients of the different ways you can request an appointment with a GP.

You can contact the practice in several ways:

- **Rapid Health:** Submit a request through our practice website using our online booking service or scan the below QR code.

**Book an Appointment or Contact us:**

To book an appointment, or raise an admin request, contact us **ONLINE:**

[Click Here to Contact us](#)



- **By telephone:** Call the practice at 8am any weekday and our reception team will help arrange the most appropriate appointment.
- **In person:** Visit reception at 8am any weekday to request an appointment.
- **Enhanced Access:** Nuneaton & Bedworth PCN now offer appointments on behalf of your GP Practice. Contact them on 02475107053 for bookings or cancellations.

## Medication Reviews

At Manor Court Surgery, we now offer Pharmacist-led medication reviews over the telephone - a simple, convenient way to help you stay safe and get the most from your treatments.

### Why are these reviews important?

Our pharmacists carefully review all your current medications to spot any potential problems like interactions, side effects, or if any medicines are no longer needed. This helps prevent medicine-related harm and ensures your treatment is as effective as possible.

### Who can benefit?

Medication reviews are especially valuable if you:

- Have a long-term health condition
- Take multiple medications
- Have recently been discharged from hospital

### How it helps you:

By working alongside your GP, our pharmacists can optimise your medication plan, answer your questions, and support you in safely stopping medicines that you no longer need.

Regular medication reviews are an essential part of personalised care helping you stay well, making medicines safer, and supporting the NHS to use resources wisely.

## Minor Injuries

Need Treatment for a Minor Injury? We Can Help!

Our Minor Injury Service offers quick and effective treatment for a range of non-life-threatening injuries, helping you avoid long waits at A&E.

We can treat cuts, sprains, minor burns, insect bites, wound infections, and more. If you're unsure whether we can help, give us a call before heading to A&E. We're here to provide the care you need, when you need it!

## ZERO TOLERANCE

Violence and abuse is a growing concern

Support the Government NHS Zero Tolerance campaign.

GP's and their staff have the right to care for others without the fear of being attacked or abused verbally or physically.

Violent and/or abusive patients will be removed from the practice list.



## NHS APP

Managing your health has never been easier with the NHS App.

Order repeat prescriptions, check your medical records, and access NHS services - all from your phone or tablet. The app is secure, easy to use, and available 24/7, giving you more control over your healthcare.

Download the NHS App today and take the hassle out of managing your health!

### Need help with the NHS App?



Contact the NHS App support team using the QR code below or by visiting [nhs.uk/nhs-app](https://nhs.uk/nhs-app)



The team will be able to help you with all technical queries.

It's normal to experience some technical difficulties with the NHS App if your GP surgery is changing clinical systems or merging with another practice.

If you encounter any technical issues after these changes are complete, please contact the NHS App Team.

You can also find more help and information here: [www.nhs.uk/nhs-app](https://www.nhs.uk/nhs-app)



## NEW PPG MEMBERS REQUIRED

Join Our Patient Participation Group - Your Voice Matters!!

We're on the lookout for new members to join our Patient Participation Group (PPG).

This is your chance to have your say on how services are run, share your ideas, and help improve care for everyone in the community. It's easy, informal, and a great way to get involved—no experience needed, just your passion and perspective.

Contact reception or visit our website to join today.  
Be heard. Be involved. Be part of the change!

## Looking to shed a few pounds?

Fitter Futures is here to support you with free Slimming World referrals - a proven, supportive weight loss program designed to help you reach your goals safely and sustainably.



If you're ready to take the first step towards a healthier you, speak to your GP or practice nurse about a free referral to Slimming World through Fitter Futures today! Your journey to better health starts here.

## Healthy Living

Healthy Living is a free, online NHS programme that supports people to live well with type 2 diabetes.

It includes information and advice about:

- Type 2 diabetes
- Eating well
- Becoming more active
- How to look after your body and mind
- Weight management
- Living with diabetes, including driving, working and travelling
- Stress management
- Blood sugar monitoring

Scan the QR code to find out more



## Better Health: Weight Loss

If you're overweight, losing weight offers numerous health benefits, including reducing the risk of conditions like high blood pressure, heart disease, and type 2 diabetes.

Making small, simple changes to your eating and drinking habits can help you shed those extra pounds. Download the free NHS Weight Loss Plan to kickstart healthier eating, increase your activity levels, and begin your weight loss journey.

The plan is divided into 12 weeks, allowing you to:

- Set weight loss goals
- Track your progress and activity
- Plan your meals
- Get more active and burn more calories
- Make healthier food choices



**Don't worry - the app makes it simple. Scan the QR code to download the app and take it one week at a time.**

## Joint Pain Programme

Nuffield Health are offering a free programme designed to help you self-manage your chronic joint pain and lead a more independent life.

This is a 12 week programme of lifestyle advice and exercise sessions led by a Rehabilitation Specialist. This will equip you with the tools to better manage your pain, improve your mobility, general fitness levels and overall quality of life. To find out more information, scan the QR code or visit [www.nuffieldhealth.com/about-us/our-impact/healthy-life/joint-pain-programme](http://www.nuffieldhealth.com/about-us/our-impact/healthy-life/joint-pain-programme)

### Is the programme for me?

**Osteoarthritis  
Psoriatic arthritis  
Rheumatoid arthritis  
Other arthritis  
Gout  
Fibromyalgia  
Spondylitis  
Lupus**



**To join on to the programme and find out more, scan the QR code**

## Targeted Lung Health Checks

We are offering Targeted Lung Health Checks to help detect lung conditions early, when treatment is most effective. These checks can identify a range of lung diseases, including:

- Lung cancer
- Chronic obstructive pulmonary disease (COPD)
- Pulmonary fibrosis
- Emphysema
- Bronchiectasis
- Respiratory infections

If you're eligible, you will be invited for a lung health check, which may include:

- A telephone assessment with a healthcare professional
- A face-to-face appointment if needed
- A low-dose CT scan for those at higher risk

These checks are quick, painless, and could save lives.

**If you receive an invitation, we encourage you to book your appointment.**

For more information, speak to your GP.